



Monthly Theme: Respect

When you are considerate of other people's ideas, feelings, and actions, you show respect.

Respect means treating others in a way that shows you care about them.

For example, if your friend is sad because her grandmother is sick, you can show respect by listening and letting her know you care. You also show respect when you recognize the special qualities of your family members—like going to a concert to support your brother as he plays the piano.

Respect is shown in your words and actions. Saying “please” and “thank you,” and speaking kindly to parents and family members, are great examples. At school, you can show respect by waiting your turn in line and not pushing or shoving others.

You practice respect when you are polite in both speech and behavior, and when you treat adults with good manners and courtesy. This is why we teach respect in our Martial Arts classes—it's an important skill for getting along with others.

Even more, showing respect can help you earn the respect and friendship of others. When you treat people with respect, you are demonstrating the true meaning of Martial Arts.

Earn a BONUS Blue Star for Respect!

Parents, if your child shows respect at home or school, we'd love to hear about it!

Write a note describing how your child demonstrated respect and send it with them to class.

Students who show respect outside of class will earn bonus Blue Stars this month, in addition to completing their Blue Star worksheet.

Upcoming Events

- 5/25 Memorial Day Closed
- 5/29 Friday AM Classes Start, No PM Classes on Fridays for Summer

Friday Morning Summer Schedule

Classes Start May 29th

9:15 Red-Black Belts

10:00 Camo- Brown Belts Karate Kids

10:45 White- Yellow Belt Karate Kids

11:30 All Tigers.

Summer Uniform Shirts are available for order!

Stay cool and train strong this summer ☀️

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- ✓ Wear it to class with your belt & dobok pants
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⚠️ Pre-order by May 16th

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